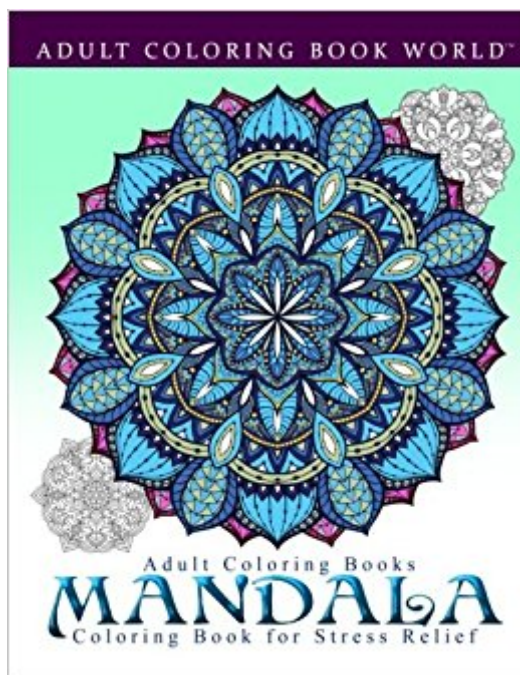


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# Adult Coloring Books: Mandala Coloring Book For Stress Relief



## Synopsis

Now with over 65 pages of beautiful designs to color, Mandala is a specifically created coloring book to help ease the mind. There's something for everyone from intricate designs to simple ones for quick color toward the back. Simply sit back, relax, and choose the design that connects with you. Then color in the mandalas with your choice of color pencil, pen, marker, and/or crayon. Mandalas are drawings of specific objects that symbolize the universe itself. Take part in the relaxing craft of coloring these beautiful designs perfectly conceptualized in this artist book.

## Book Information

Paperback: 142 pages

Publisher: CreateSpace Independent Publishing Platform (December 1, 2015)

Language: English

ISBN-10: 1519661282

ISBN-13: 978-1519661289

Product Dimensions: 8.5 x 0.3 x 11 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 308 customer reviews

Best Sellers Rank: #19,887 in Books (See Top 100 in Books) #10 in [Books > Arts & Photography > Individual Artists > Artists' Books](#) #17 in [Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns](#) #316 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies](#)

## Customer Reviews

This book is just not for me!!! Very plain, not anything that resembles Mandalas, a lot of pages and they are only 1 sided but the pics suck! Sorry but I like to be honest & blunt, and they are not Mandalas....I've added some pics out of books you can decide....

Pretty designs, but they only take up a tiny circle in the center of the page. There is like 80% white space

Not quite as complex pictures, like I was expecting. But will still serve its purpose. Thanks.

This book is not for everyone, Please keep in mind that this book has 50 illustrations divided into very simple mandalas with large details, medium detailed mandalas, and very detailed mandalas

plus some of the mandalas are quite small with a 6 inch diameter, others are larger, I also found the patterns and art style vary, some are very simple with a hand drawn look, Some of the mandalas are balanced, others abstract and unbalanced. The cover picture is probably my favorite image in the book and is only located on the title page which can be colored but not as a separate page to color. The cover picture is not representative of most of the images in this book, most are not complex, balanced, flowing mandalas like the cover.

1. 50 mandala illustrations printed one per page (the back of each page is blank) on medium weight bright white paper.
2. All markers and some gel pens bleed through the paper, I just place a sheet of paper under the page I am coloring to prevent damage to the next page. A blank page is added at the end of the book for you to use.
3. All illustrations are centered on each page and leave 1/2" or more between the image and the binding, this is plenty of space to easily color each entire image, remove a single page from this book or cut the binding off for coloring groups.
4. I am adding pictures showing the variety of images to help you decide if this book is just right for you plus the images I have colored using Sharpie Markers.
5. For an inexpensive gift or if this is one of your first coloring books, Sharpie just came out with a small set of sharpie brush tip markers that allow you to color both small detailed areas and larger details with ease. This set along with this book would make a nice starter gift.

I think this coloring book is great. I like the designs - there are some easier designs for when you don't have time for fine details. I have very little artistic talent but I enjoy coloring these designs. I read other reviews that mentioned the pictures were too small. I disagree. Most are circular so they naturally are not going to take up a whole 8.5x11 page. The picture size is perfect, and there are many varied, fun designs. I have a really nice set of colored pencils and just enjoy coloring in this book. It's relaxing and sort of therapeutic. Thoughts and problems go away, and I just focus on the colors and lines. Very enjoyable and I'm very happy with my purchase of the Mandala book. I recommend this inexpensive coloring book both young and old people who enjoy being creative in a no-stress manner.

There are 68 mandalas to color in this book - 22 which are designated as "Easy colors for when you don't have as much time or simply to enjoy fewer details." The simple ones do take up a significant portion of the page, which makes it harder to color such large areas with gel pens, but in cases like these I like to scan the pages then print them out as either 4x6 or 3x5 sizes (using Picasa). That might help others get more use from the simpler drawings. Then again, some people out there like to add in their own doodles to mandalas, so if that's you, the easier drawings may be to your

liking. There are a small handful of designs (see photos) that I personally would consider more on the simplistic side that could have been included in the easy side, but your opinion may differ. Overall, there are still plenty of beautiful and intricate designs to color in this book.

Solid adult coloring book. Some mandalas are very intricate and some are not. I have to take a star off for two reasons though: 1. Towards the end of the book, there are some skips in the printing ink - missing or faded lines. 2. Personal preference here but hearts have no place in mandalas and towards the end, there are hearts in nearly every one.

This is a nice adult coloring book full of mandala to get my creative juices flowing. For the price, I think it's a great deal. If you like to see pictures of some of the pages, leave me a comment, I'm happy to help if I can! If I had to give a "critique" I'd say that the designs are more simplistic than indicated on the cover and some of them are heavy handed in the black outlines which takes away from the finished design in my opinion.

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